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JEFF ROSSEN (NBC TODAY SHOW) AND REBECCA SOFFER (MODERNLOSS.COM) PARTICIPATE IN INAUGURAL LITERARY SALON AT THE ALIGNED CENTER, MODERATED BY 3-TIME EMMY AWARD WINNER AND AUTHOR ALLISON GILBERT

Acclaimed author, Emmy award winner, and Kripalu Center presenter Allison Gilbert to moderate a literary salon with TODAY SHOW'S Jeff Rossen, author of *Rossen to the Rescue*, and Rebecca Soffer, cofounder of ModernLoss.com and coauthor of the book, *Modern Loss*.

The launch of Westchester's newest literary salon series will take place Thursday, March 22 from 7:00–9:00pm at [The Aligned Center](#) 1 Bridge St Suite 64, Irvington, NY 10533. It is free to attend and [Registration required](#).

Literary salons embrace authors and celebrate the craft of writing. Authors discuss their work in a community of readers who are poised to ask thoughtful and engaging questions. The goal is to foster conversation and promote the respectful exchange of ideas.

Following the conversation, books will be available for sale and signing by the authors. The book table will be run by The Village Bookstore of Pleasantville, NY. Credit cards and cash accepted.

****Allison Gilbert** is one of the most thought-provoking and influential writers on grief and resilience. The author of numerous books including the groundbreaking, [Passed and Present: Keeping Memories of Loved Ones Alive](#), her stirring work exposes the secret and essential factor for harnessing loss to drive happiness and rebound from adversity. www.allisongilbert.com.

About The Aligned Center

The Aligned Center is a state-of-the-art workspace featuring private offices, a meditation room and riverfront balcony with stunning views of the Hudson River. By night it is a learning institute. The Center is a unique, tranquil space to explore heartfelt community, lifelong learning, mind-body awareness, and financial abundance under one roof. The Center is home to a community that values personal growth, connection, and living an aligned life.