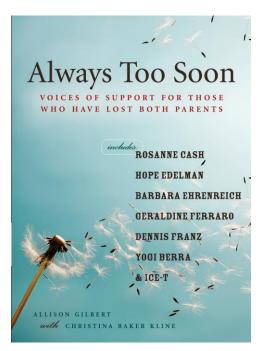


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Always Too Soon shares inspiring words of wisdom and comfort for those dealing with the loss of both parents



Losing one's parents is a universal experience. Whether it happens suddenly or over a long period of time, whether it happens when one is younger or older, no other life passage is more profound. This intense loss presents such a seismic shift in one's perspective on life, career, and family.

ALWAYS TOO SOON: Voices of Support For Those Who Have Lost Both Parents (Seal 2006/ \$14.95 Trade Press/ December Paperback) collection is of intimate interviews about coping with this loss and the journey traveled to move beyond it. The author, Allison Gilbert, a three-time Emmy Award-winning investigative journalist, was herself parentless by age thirty-one.

"It has taken considerable time and effort for me to put the loss of my parents into perspective," writes Gilbert. "A few months after my father died, when I was hurting the most, I went to the bookstore to find a book that would help me process what I was feeling. I wanted to read about how real people coped with this pain. I wanted a book to reassure me that I wasn't the only person so profoundly unsettled by the death of my parents."

This compelling collection features perspectives from well-known figures such as Rosanne Cash, Barbara Ehrenreich, Geraldine Ferraro, Yogi Berra, and Ice-T as well as the experiences of those who lost their parents to infamous events we all remember—the Oklahoma City bombing, the crash of TWA 800, and the September 11th terrorist attacks.

ALWAYS TOO SOON is more than a collection of heartbreaking stories; it is truly empowering and inspirational. The stories Gilbert has so carefully gathered offer validation, suggestions for coping, and most importantly, hope. Loss, as many of the contributors confirm, can also be an opportunity to embrace change and reshape one's future.

ALWAYS TOO SOON Voices of Support For Those Who Have Lost Both Parents

By Allison Gilbert with Christina Baker Kline Foreword by Kenneth J. Doka, Ph.D. Published by Seal Press ISBN: 1-58005-176-6

A portion of the proceeds from the sale of this book will be donated to The Ovarian Cancer Research Fund, Inc. and The LUNGevity Foundation