

WESTCHESTER one CLUB



GymKids

Stimulate your child's learning.
Ages 2-7, MON-SAT 9AM-12PM
NON-MEMBERS WELCOME

THEY ENGAGE in activities that refine their motor, thinking, language, communication and social skills, all while **YOU WORKOUT.**

150 Clearbrook Road
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(914) 592-3005
W1Club.com



TRY IT! **FREE DAY PASS**
One Parent and One Child.
One pass per family. Only during GymKids hours with coupon.



Parentless Parents

The holidays are approaching, and if you're a parentless parent, that means celebrating without your parents. It also means your child will celebrate without their grandparents. Parentless Parents, a community of adults who have experienced the loss of their mother and father, is gathering for mutual support and understanding.

There are eight chapters across the United States including a chapter here in Westchester. Hilari Graff, who is involved with the Westchester chapter, says finding yourself in a parentless parent situation can make you feel very alone. She finds the group a great forum and comfort.

Inspired by Westchester resident Allison Gilbert's book, *Always Too Soon: Voices of Support for Those Who Have Lost Both Parents*, the group is meeting this month at 7 p.m. Nov. 7 at Gilda's Club, 80 Maple Ave., White Plains. For further information, contact Hilari Graff at hilari_graff@yahoo.com or visit www.parentlessparents.com.

— Jean Sheff

JUMP AND CRAWL IN OUR INDOOR SOFT PLAY AREA • SNACK BAR

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A CHILDREN'S HOURLY DROP-OFF & STAY N'PLAY FUN CENTER!
PLUS A COMPLETE BIRTHDAY PARTY EXPERIENCE!

Birthday Party Packages in one of our 3 amazing party rooms, including a black light room



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Children Ages 2-10

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170 EAST POST ROAD, WHITE PLAINS, NY
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DANCE ON OUR FLASHING DANCE STAGE • CLICK AND LEARN IN OUR COMPUTER CENTER

DRESS UP IN YOUR FAVORITE COSTUMES • CANDY BY THE POUND • COFFEE BAR

FLASH FACTS

79 percent of American teens and tweens participate in after-school and weekend extra-curricular activities, according to Public Agenda, a nonprofit public policy research group. While most children prefer an activity that emphasizes sports or arts, one-third of children polled said that they would also be interested in homework help or other academically-oriented activities.

